

IF YOU'RE LOOKING FOR  
A SIGN NOT TO KILL  
YOURSELF  
**THIS IS IT.**



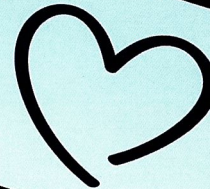
THE WORLD IS A BETTER PLACE WITH YOU IN IT.

i'm SO GLAD YOU EXIST

LIFE HAS IT'S  
UPS AND DOWNS  
KEEP SWINGING!

**YOU ARE  
LOVED**

IT WILL GET  
BETTER,  
HOLD ON



**You're not alone,** speak to to someone confidentially at



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